



COVID-19 Preparedness Plan for Kent Freeman Arena

The City of Detroit Lakes and the Kent Freeman Arena is committed to providing a safe and healthy workplace for all our staff and guests. To ensure that, we have developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic. Staff team members are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our ice arenas and communities, and that requires full cooperation among our staff and our guests. Only through this cooperative effort can we establish and maintain the safety and health of our Kent Freeman Arena.

Coaches and staff are responsible for implementing and complying with all aspects of this COVID-19 Preparedness Plan. Kent Freeman Arena team members have our full support in enforcing the provisions of this policy.

Our guests and staff are our most important assets. We are serious about health and keeping our Detroit Lakes Arena safe for everyone. Involvement is essential in developing and implementing a successful COVID-19 Preparedness Plan. We have involved our team in this process by receiving feedback and recommendations from: Minnesota Department of Health (MDH), Minnesota Ice Arena Managers Association (MIAMA), US Ice Rink Association, USA Hockey, Minnesota Hockey, US Figure Skating Association, City of Detroit Lakes, Detroit Lakes Arena Commission, Kent Freeman Arena staff and our multiple ice arena user groups. Our COVID-19 Preparedness Plan addresses:

- Screening and policies for employees and guests exhibiting signs and symptoms of COVID-19
- Handwashing
- Mask Mandate
- Respiratory etiquette: Cover your cough or sneeze
- Social distancing
- Housekeeping
- Communications and training

Screening and policies for employees and guests exhibiting signs and symptoms of COVID-19

Coaches and guests will be encouraged to self-monitor for signs and symptoms of COVID-19. The following policies and procedures are being implemented to assess staff and guest's health status prior to entering the ice arena and to report when they are sick or experiencing symptoms inside the ice arenas.

- ***Staff, Coaches and guests prior to coming to the ice arenas will be asked to complete a Self-Check Health Screening Checklist created by the MN Department of Health (see Appendix A). Staff, Coaches and guests will be sent home or asked not to come in at any sign of illness.***

Self-Check Health Screen Checklist includes:

- Fever (100.4 F or higher), or feeling feverish?
- Chills?
- A new cough?
- Shortness of breath?
- A new sore throat?
- New muscle aches?
- New headache?
- New loss of smell or taste?

Handwashing

Basic infection prevention measures are being implemented at our ice arena at all times. Staff are instructed to wash their hands for at least 20 seconds with soap and water frequently throughout the day, but especially at the beginning and end of their shift, prior to any mealtimes and after using the restroom. Kent Freeman Arena will have strategically placed hand-sanitizer dispensers that can be used for hand hygiene in place of soap and water, as long as hands are not visibly soiled. COVID-19 Best Practices for Ice Rinks posters which includes handwashing will be posted strategically in the ice arenas (see Appendix B).

- ***Staff and Coaches are encouraged to wear disposable gloves as needed.***

Mask Mandate

As per the latest Governor's Executive Order [20-103](#) people in Minnesota are required to wear a face covering in all indoor businesses and public indoor spaces. Additionally, workers are required to wear a face covering when working outdoors in situations where social distancing cannot be maintained. Research has shown that use of face coverings can greatly reduce the risk of infection when combined with other prevention efforts such as social distancing and hand hygiene.

Respiratory etiquette: Cover your cough or sneeze

Staff, coaches and guests are being instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing and to avoid touching their face, in particular their mouth, nose and eyes, with their hands. They should dispose of tissues in the trash and wash or sanitize their hands immediately afterward. Respiratory etiquette will be demonstrated on COVID-19 Best Practices for Ice Rinks posters which will be posted strategically in the ice arenas (see Appendix B).

- ***Staff, Coaches and guests are required to wear masks. Masks must cover the nose and mouth.***

Social distancing

Social distancing is being implemented in the ice arena through the following controls:

- ***Coach communication to guests regarding the need to practice social distancing.***
- ***Coach and guests will be encouraged to follow social distancing practices within reason. Masks are required to be worn at all times while in the building.***
- ***User groups are encouraged to develop their own COVID-19 Preparedness Plan and communicate it with their organization as well as share it with Kent Freeman Arenas.***
- ***COVID-19 Best Practices for Ice Rinks posters strategically placed in the ice arenas.***
- ***Modified / limited locker room access. All players should arrive dressed and may store their personal belongings in their teams designated locker room. No showers will be in use at this time.***
- ***At this time drinking fountains will not be available for use. Guests need to plan accordingly and bring their own water bottle.***
- ***6-foot social distancing markers may be placed on locker room benches, player benches and heavily traffic areas in the ice arenas to promote social distancing.***
- ***Designated entry and exit doors to the ice arenas.***
- ***Scheduled events may be limited to the number of participants allowed in the ice arena at any given time.***
- ***Spectators will be allowed at this time, not to exceed 150 people for the entire facility.***
- ***No spectators are allowed at practice, except one parent, guardian or support person can be present, if necessary due to participants age (mited/8U and younger), disability or medical condition. DLYHA President/VP are responsible for enforcement.***
- ***User groups are encouraged to come dressed in their equipment as much as possible before arriving to limit the amount of time spent in the locker room together.***
- ***User groups should arrive no sooner than 15 minutes before their scheduled event.***

- ***User groups are encouraged to leave the premises within 15 minutes after their scheduled event is complete.***
- ***Coaches will clean and sanitize the locker rooms after each group is completed and before the next group enters.***
- ***No gatherings allowed in the lobby areas before, during or after scheduled event. No Concessions are allowed at this time.***
- ***Coaches/Instructors/Athletes will be requested to implement social distancing practices within reason for their user group during their scheduled event.***
- ***It is the responsibility of coaches/instructors to ensure social distancing guidelines are being implemented with their user group.***
- ***Contactless interactions whenever possible between staff and guests.***
- ***Coaches are required to wear a mask during practice and games.***

Housekeeping

Regular housekeeping practices are being implemented, including routine cleaning and disinfecting of work areas and equipment, ice arena lobby areas, restrooms, meeting rooms, locker rooms, bleacher areas, and player benches. Frequent cleaning and disinfecting will be conducted in high-touch areas, such as door handles, restroom touch areas and staff office areas including phones and computers.

- ***Coaches will clean and sanitize the locker rooms after each group is completed and before the next group enters.***
- ***Coaches encouraged to wear disposable gloves as needed.***
- ***At this time drinking fountains will not be available for use. Guests need to plan accordingly and bring their own water bottle.***

Communications and training

The COVID-19 Preparedness Plan for Kent Freeman Arena will be communicated with staff and coaches and staff and coaches will receive additional training as needed to implement the plan. The plan will be communicated to guests and user groups utilizing email, social media platforms and postings throughout Kent Freeman Arena, any updates to the plan will be communicated to guests and user groups in a timely fashion. Kent Freeman Arena staff are to monitor how effective the plan has been implemented. Kent Freeman Arena staff and coaches are to work through this new program together and update the training as necessary. The COVID-19 Preparedness Plan for Kent Freeman Arena has been approved by the City of Detroit Lakes Arena Commission on July 10, 2020 and is available in the Arena office and online at www.cityofdetroitlakes.com. The plan will be updated as necessary.

Appendix A – MN Department of Health Visitor and Employee Health Screening Checklist

www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf

CONDUCT HEALTH SCREENING EACH TIME EMPLOYEES OR VISITORS ENTER THE FACILITY.

You may also opt to conduct temperature screening if it can be done with proper social distancing, protection, and hygiene protocols. However, temperature screening is not required.

If a worker or visitor answers "Yes" to any of the screening questions or has a measured temperature above 100.4°F, they should be advised to go home, stay away from other people, and contact their health care provider.



Visitor and Employee Health Screening Checklist

Have you had any of the following symptoms since your last day at work or the last time you were here that you cannot attribute to another health condition?

Please answer "Yes" or "No" to each question. Do you have:

- Fever (100.4 F or higher), or feeling feverish?
- Chills?
- A new cough?
- Shortness of breath?
- A new sore throat?
- New muscle aches?
- New headache?
- New loss of smell or taste?



Appendix B – Minnesota Ice Arenas Managers Association COVID-19 Best Practices for Ice Rinks

https://miama.org/members/wp-content/uploads/2020/04/MIAMA-Covid-Best-Practices-Sign.pdf?utm_source=mailpoet&utm_medium=email&utm_campaign=december-4-2019-miama-around-therink-bi-weekly-e-newsletter_70

 COVID-19 BEST PRACTICES FOR ICE RINKS		
1)  Wash and Sanitize Hands Often	2)  Maintain 6' of Social Distance	3)  Cover Coughs and Sneezes
4)  If You are Not Feeling Well, Stay Home	5)  Modified, Limited or No Locker Room Access	6)  Handshakes Discouraged
7)  No Spitting or Sharing of Water Bottles	8)  Do Not Gather Before, During or After Ice Times	9)  Keep Gloves on During Ice Times



COVID-19 Preparedness Plan Highlights for Kent Freeman Arena

- **Illness!** - Guests will be sent home or asked not to come in the Arena at any sign of illness. Symptoms to look for include: Fever (100.4 F or higher), or feeling feverish? Chills? A new cough? Shortness of Breath? Sore throat? Muscle Aches? New headache? New loss of smell or taste?
- **Wash your hands!** - Please wash your hands with soap for at least 20 seconds or sanitize them frequently.
- **Cover your cough or sneeze!** - Guests are encouraged to wear masks when not on the ice.
- **No drinking fountains at this time!** - Plan accordingly and bring your own water bottle.
- **Maintain 6-foot social distancing!** - Stay apart in the lobby, locker rooms and within reason on the ice.
- **Spectators will be allowed at this time, not to exceed 150 for the entire facility!** - Enforcement is designated to the Athletic Director for DLHS and the President/VP of the DLYHA.
- **No spectators are allowed at practice, one parent, guardian or support person can be present if necessary due to participants age (mited/8U and younger), disability or medical condition.** - DLYHA President/VP are responsible for enforcement.
- **Come dressed for your activity!** - This will help limit the amount of time spent in the locker room.
- **Arrive no sooner than 15 minutes prior to your ice time!**
- **Leave the Arenas within 15 minutes after your ice time ends!**
- **No gatherings in the lobby areas! No Concessions at this time.**
- **Coaches/Instructors responsible to ensure social distancing guidelines are being met!**
- **Please follow the signage for entry and exit points into and out of the Arena!**
- **Masks are required to be worn properly by all persons (player, coaches and parents) while in the building!**
- **Screening and tracing are the responsibility of DLHS and DLYHA.** Enforcement is designated to the Athletic Director for DLHS and the President/VP of the DLYHA.
- **These are the minimum requirements as set forth by the Executive Order and Stay Safe MN guidance. DLHS and DLYHA MUST follow MSHSL and MN Hockey rules and guidelines if they are stricter.** - Example from MN Hockey Phase 5 Rules include:
 - Locker rooms may not be used.
 - No equipment bags, with the exception of goalies, allowed in facilities.
 - All players must come fully dressed, except helmets, skates and gloves. Goalies must come half dressed.
 - Players must not enter the arena until 10 minutes before the scheduled ice time, and everyone must exit within 10 minutes of the end of the ice time.
 - Dryland activities will not be permitted inside arenas.

